



## Wombie's Kitchen

### Classic lunch

*Sandwich quarters x 4 (two choices)*

Chicken tikka on granary bread (nf)

Cheese and spring onion on white bread (v, nf)

Egg mayonnaise on white bread (df, v)

Chicken & bacon on granary bread (nf)

Tuna mayonnaise & sweetcorn (df, v)

Ham, cheese & pickle (nf)

Chicken & avocado (df)

Frittata & ham (nf)

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### Bites (choose one)

Sausage roll (df, nf)

Cheese gougere (v)

Veg and houmous (v, vg)

Pepper poppers (v)

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### Desserts (choose one)

**Macaron x 3** Vanilla, lemon, orange, After Eight, chocolate, coffee or raspberry (df, gf, v)

Lemon posset & sable biscuit (df, v)

Chocolate brownie (v)

Plain scone with jam & cream (v)

Rocky road slab (v, nf)

Chocolate dome x 2 (v, nf)

Fruit pot (df, vg, v, nf, gf)

Cupcake (vg)

df - dairy free | gf - gluten free ingredients | v - vegetarian | vg - vegan | nf - nut free



Wombie's Kitchen  
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Please contact [rookie@wombieskitchen.co.uk](mailto:rookie@wombieskitchen.co.uk)  
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## *Wombie's Kitchen*

### *Pescatarian lunch*

#### *Sandwich quarters x 4 (two choices)*

**Smoked salmon & cream cheese on granary bread (nf)**

**Cheese and spring onion on white bread (v, nf)**

**Tuna mayonnaise & sweetcorn (df, v)**

**Egg mayonnaise on white bread (df, v)**

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#### *Bites (choose one)*

**Vegetarian sausage roll (v, vg, df, nf)**

**Cheese gougere (v)**

**Veg and houmous (v, vg)**

**Pepper poppers (v)**

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#### *Desserts (choose one)*

**Macaron x 3** Vanilla, lemon, orange, After Eight, chocolate, coffee or raspberry (df, gf, v)

**Lemon posset & sable biscuit (df, v)**

**Chocolate brownie (v)**

**Plain scone with jam & cream (v)**

**Rocky road slab (v, nf)**

**Chocolate dome x 2 (v, nf)**

**Fruit pot (df, vg, v, nf, gf)**

**Chocolate cupcake (vg)**



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## Wombie's Kitchen

### No fish lunch

#### *Sandwich quarters x 4 (two choices)*

Chicken tikka on granary bread (nf)

Cheese and spring onion on white bread (v, nf)

Egg mayonnaise on white bread (df, v)

Chicken & bacon on granary bread (nf)

Ham, cheese & pickle (nf)

Chicken & avocado (df)

Frittata & ham (nf)

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#### *Bites (choose one)*

Sausage roll (df, nf)

Cheese gougere (v)

Veg and houmous (v, vg)

Pepper poppers (v)

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#### *Desserts (choose one)*

**Macaron x 3** Vanilla, lemon, orange, After Eight, chocolate, coffee or raspberry (df, gf, v)

**Lemon posset & sable biscuit** (df, v)

**Chocolate brownie** (v)

**Plain scone with jam & cream** (v)

**Rocky road slab** (v, nf)

**Chocolate dome x 2** (v, nf)

**Fruit pot** (df, vg, v, nf, gf)

**Chocolate cupcake** (vg)

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## Wombie's Kitchen

### Vegan lunch

#### *Sandwich quarters x 4 (two choices)*

Houmous & red pepper on white bread (nf, v, vg)

Avocado salsa on granary bread (v, vg, nf)

Cream cheese and cucumber on white bread (vg)

Falafel and tomato on granary bread (vg)

Cream cheese and cucumber on white bread (vg)

Falafel and tomato on granary bread (vg)

Burger, rocket & Tomato (vg)

Mushroom & onion (vg)

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#### *Bites (choose one)*

Vegan sausage rolls (vg)

Falafel bites (vg)

Veg and houmous (vg)

Pepper poppers (vg)

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#### *Desserts (choose one)*

Chocolate cupcake (vg)

Plain scone with jam & plant cream (vg)

Rocky road slab (vg)

Chocolate dome x 2 (vg)

Fruit pot (vg)



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## Wombie's Kitchen

### Gluten-free lunch

*Sandwich quarters x 4 (two choices on gluten-free bread)*

Chicken tikka on granary bread (nf)

Cheese and spring onion on white bread (v, nf)

Egg mayonnaise on white bread (df, v)

Chicken & bacon on granary bread (nf)

Tuna mayonnaise & sweetcorn (df, v)

Ham, cheese & pickle (nf)

Chicken & avocado (df)

Frittata & ham (nf)

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### *Bites (choose one)*

Sausage roll (gf, df, nf)

Cheese gougere (gf, v)

Veg and houmous (gf, v, vg)

Pepper poppers (gf, v)

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### *Desserts (choose one)*

**Macaron x 3** Vanilla, lemon, orange, After Eight, chocolate, coffee or raspberry (df, gf, v)

**Lemon posset & sable biscuit** (gf, df, v)

**Chocolate brownie** (gf, v)

**Plain scone with jam & cream** (gf, v)

**Rocky road slab** (gf, v, nf)

**Chocolate dome x 2** (gf, v, nf)

**Fruit pot** (df, vg, v, nf, gf)

**Chocolate cupcake** (v)

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## Wombie's Kitchen

### Dairy-free lunch

#### *Sandwich quarters x 4 (two choices)*

**Chicken tikka on granary bread (df, nf)**

**Egg mayonnaise on white bread (df, v)**

**Chicken & bacon on granary bread (nf)**

**Tuna mayonnaise & sweetcorn (df, v)**

**Ham & pickle (nf)**

**Chicken & avocado (df)**

**Sausage & rocket (df)**

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#### *Bites (choose one)*

**Sausage roll (df, nf)**

**Veg and houmous (v, vg)**

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#### *Desserts (choose one)*

**Macaron x 3** Vanilla, lemon, orange, After Eight, chocolate, coffee or raspberry (df, gf, v)

**Chocolate brownie (df, v)**

**Plain scone with jam & plant based cream (df, v)**

**Rocky road slab (df, v, nf)**

**Chocolate dome x 2 (df, v, nf)**

**Fruit pot (df, vg, v, nf, gf)**

**Cupcake (df)**

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